

Developmental Overview of Individuals Diagnosed with FAS/FAE

TODDLERS (1-5 years)

- Uneven sleep patterns leave the toddler irritable
- Challenges with the normal steps of learning
- Behavioral problems when in public
- Do not understand consequences related to behaviors

CHILDREN (6-11 years)

- Uneven sleep patterns leave the children irritable
- Hyperactivity
- Poor impulse control
- Manipulative
- Wide mood swings

ADOLESCENTS (12-17 years)

- Uneven sleep patterns leave the adolescent irritable
- Poor impulse control
- Poor social judgment
- Have a hard time with huge transitions
- Immature behavior
- Poor problem-solving skills

ADULTS (18 years and over)

- Uneven sleep patterns leave the adult irritable
- Difficulty with abstract concepts (eg. math, time, money)
- Difficulty staying in school and keeping jobs
- Higher risk of abusing alcohol and other drugs
- Trouble keeping healthy relationships

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